



*Life
is an
adventure*



Enjoy

An orange line representing a route, starting from a blue dot at the bottom left, winding upwards and to the right, and ending at a blue dot at the top right.

ROUTES
EASTERN HALKIDIKI

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Aristotle, the teacher

Aristotle, the father.

One of the most important Greeks in history, a giant of philosophy with a comprehensive knowledge of all sciences.

He was born and raised here, in this land, on this, the Aristotelian mountain, which was named after his own, proud, origin. He walked along these verdant paths, drowned in unspoilt vegetation, gazing at the Aegean Sea, at the Mediterranean.

This is the nature that contributed to shaping his world view.

This green and blue setting set the foundations for his thought and expression.

And, indeed, his ideas and theories were shaped by the identity of this place!

.....

Learn about all this by following his footsteps, walking on the Aristotelian Mountain and discovering the ancient Greek origins of the place, experiencing the Aristotelian history and feeling a that you are a part of this land!
Go ahead!

Our network welcomes you to the future!



Mayor_Message



Eastern Halkidiki and Aristoteles Municipality consist a unique destination.

On the borders of Mount Athos, the only living religious monument in the world, it is a leading pilgrimaging destination with dozens of special routes inside and outside the Holy Community.

Following in the steps of Persian king Xerxes, who in antiquity crossed with his fleet through the narrowest piece of Athonian land, to conquer Greece, this route is today a point of reference between the East and the West, as the sole Persian footprint in Europe.

Birthplace of the greatest Greek philosopher, Aristotle, the land welcomes thousands of travellers and intellectuals in its archaeological site of exquisite natural beauty.

Motherland of the famous Mademochoria, it has been one of the most economically powerful areas in the Ottoman period,

a thoroughly alternative natural destination, combining 300 kilometres of coastline with two mountains, it composes an exceptional natural scenery and particular architectural techniques, that shape phenomena and tourist figures hard to find in only one destination!

The people born in and serving this unique spot in the world, have mapped seventeen (17) of the dozens of special and branded routes and proudly present them to you. We have created for you, fans of walking, an excellent database, where each route is connected to an international historical uniqueness:

Mount Athos and the Byzantine Empire,
Philosopher Aristotle - tutor to Alexander the Great,
The Persian wars of antiquity,
The Ottoman period Mamedochoria,
The place in which Alexis Zorbas used to live for many years.

This is the difference between walking routes around the world and those in the region around Athos: each one takes visitors to different historical eras and creates an immediate contact with the historical evidence and archaeological findings, thus turning walking - apart from a mere nature-loving activity - to a historical tour through monuments and sites with museum value and identity!

So enjoy the trip!

Stylianos Valianos
Mayor of Aristotetle Municipality

1

The Fir Route

TOTAL DISTANCE
10km

(From «Apolymeni Petra», to Taxiarchis and around the perimeter of Arnaia village)

SIGNAGE

standing point

route

highway

taps

tree

in memoriam

no going

house

road sign

Get lost in the greenery! Wander around the forest!

Walk between the fir hotbeds and the glades of the best-known mushroom areas. See how honey is produced, there in the apiaries of «Apolymeni Petra», admire Taxiarchis from the green hills of Cholomontas, collect mushrooms, learn how the celebrated firs are raised, and rest at stone-built chapels!

Breathe the fresh, authentic mountain air of the Macedonian Land!

Refresh yourselves! Live it!



The fir seed

	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS	
<div>1</div> <div><div></div></div>	0	916m		Start the route from the road that joins the Rodamos & Fired Stone Guesthouses! Turn left parallel to the road leading to Taxiarchi	7	5km	820m		On the fork we follow a left downhill path, shortly after we come across a river.
	600m	895m		Arrival at the small church of Panagia Gorgoupikos. Tap drinking water!	8	6,1km	787m		To the left of the fork on a dirt road that shortly afterwards becomes a path.
	1,4km	873m		Taxiarchi-Paleochora junction. Forest Museum of Taxiarchis. Path right on the rocks along the asphalt road leading to Taxiarchis village. / N 40 -25 -58.00, E23 -30-24.62	9	8,7km	908m		The trail leads to a glade overlooking the Dragundeli Mountains and Kassandrino Mountains on the right. Forest Road junction. To the left, we enter a beech path. Red marking on the trees.
	2,5km	873m		At the junction of the road on our right we turn left onto Dexameni-Stadium.	10	9km	908m		Forest Recreation Forest. Drinking water. / N40 -27 -16.83, E23 -31-46.85
	3,5km	820M		We leave a gazebo on our right and enter a dirt road. / N40 26 -14.04, E23 -31-19.12	11	9,8km	920M		Follow the uphill path following the red markings on the trees. Exit to Boukas Forest location and District road leading right to Arnea and Left to Taxiarchis.
	4,26km	450m		We leave on our left a forest road leading to the chapel of Prophet Elias-Sogabro! We follow a central dirt road running through a beech forest for the next 800m.					



2

The Alexis Zorbas Walk

TOTAL DISTANCE
km 8.5

(from Paleochori to the Neposi Castle and then to Arnea...)

SIGNAGE

●

standing point

↑

route

highway

|||||

taps

☼

tree

✙

in memoriam

⊗

no going

🏠

house

🛖

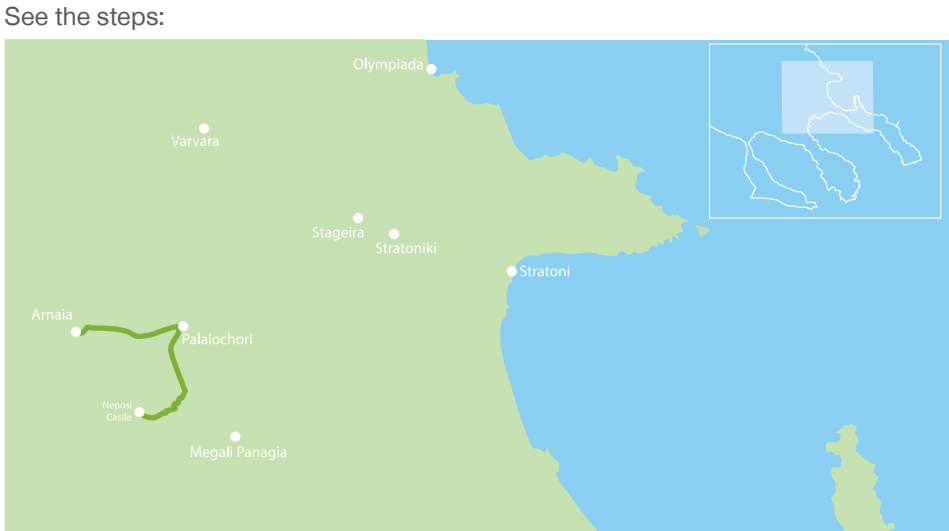
road sign

⚡

electricity pillar

Walk from Paleochori to the Neposi Castle, along an exceptional historical route that Alexis Zorbas used to follow, when he was living and working in the area as a miner! Walk through the mountain and the hills with the mixed scents of thyme, oregano, heather and hundreds of plants. Follow the steps of the proud Mademochorians, who never accepted the Turkish rule during the Ottoman period, buying off their freedom with the mineral wealth of their subsoil. Then reach Arnea and its surroundings!

You will feel a sense of well-being, as natural beauty is combined with history, while when you reach Neposi Castle, which is a significant Byzantine monument, you will have completed a historical route in time: from the present, to the Byzantium and to the years of Alexis Zorbas – the Greek!



	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS	
<div>1</div> <div>2</div> <div>3</div> <div>4</div> <div>5</div> <div>6</div>	0	563m		Drive in front of the community of Paleochori. After 50m we turn left over the metal rails, after 570m we exit the village	7	7,37km	592m		Walk on the main dirt road
	570m	578m		Entering a dirt road, we leave to our right a chapel with drinking water.	8	8,5km	590m		We arrive at the view point of Casteli. The castle is 100m from the point.
	1,7km	590m		Crossroads - we follow a central dirt road, passing a river go uphill until we meet a secondary dirt road. We make a rightTurn.	9	9,2km			Uphill path
	4,4km	580m		Exit to the main road Arnaia-lerissos. Keep Left.	10	10km			We enter the stream of Karadzia in beech forest, Following the signns.
	5,3km	580M		We entere to the dirt road to Neposi Castle.	11	13km			Exit onto the dirt road! we follow the signs leading to the Monastery of Saint Kosmas!
	6,3km	592m		Keep left.	12	14km 15km			Exit to the asphalt road to the right leads to Arnea. Left to Agios Kosmas ARNAIA- Pasa Limani



3

The Alexis Zorbas Walk

TOTAL DISTANCE
22 km

(from Paleochori to Stagira - Stratoniki...)

SIGNAGE

●

standing point

↑

route

highway

|||||

taps

☁

tree

⛪

in memoriam

⊗

no going

🏠

house

🛖

road sign

⚡

electricity pillar

Walk from Paleochori to Stratoniki, along a route on the Aristotelian Mountain that Alexis Zorbas used to follow, when he was living and working in the area as a miner! Walk through the mountain and the hills with the mixed scents of thyme, oregano, heather and hundreds of plants. Follow the steps of the proud Mademochorians, who never accepted the Turkish rule during the Ottoman period, buying off their freedom with the mineral wealth of their subsoil.

You will feel a sense of well-being, as natural beauty is combined with history, while when you reach Sidirokafsia, which is a significant Ottoman monument, you will have completed a historical route in time: from the present, to the Ottoman period of time and to the years of Alexis Zorbas – the Greek!



Traditional House in Paleochori

	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS
1	0	500m		The route starts from Aghios Archangelos Paleochori to the memorials.	7	10km		End of section one. Exit on an asphalt road leading left to Barbara and right to Neohori! Keep left!
2	500m			Leave to the right a small church of Saint Anthony	8	10,7km		Right Road!
3	1,2km			Crossroads !! STRAIGHT The right dirt road leads to Neohori!	9	14km		Leave the asphalt and turn right onto a wooded road leading to strebenikos-Stagira.
4	3,3km			Right path!!	10	16,3km		Stay on the main dirt road! The path on the right leads to Neohori.
5	5,1km			Follow the main dirt road!	11	18,7km		Follow the main path! On the Right there is a down hill path leading to the chappel of Agios Athanasio Neohori.
6	8,9km	600m		Keep left!	12	21,8km		Exit to the asphalt road! Across the street is Aristotle's park - End of route



4

The Aristotelian Walk

TOTAL DISTANCE
15 km

(from Stageira Village to the “Ancient City of Stageira”..)

SIGNAGE

standing point

route

highwayb

uilding

watch tower

church

no going

hotel

food

water

Sheep shed

tree

road sign

fence

Turkish bat h

view point

parking

Biological Clearing


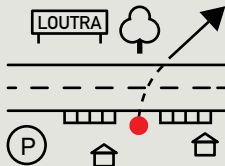
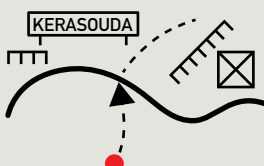
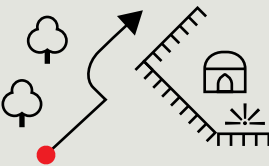
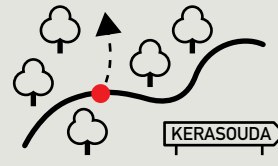

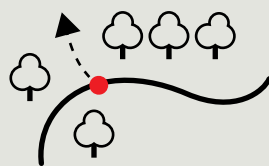
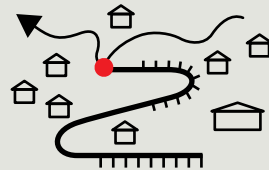

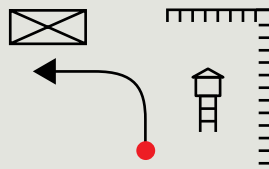
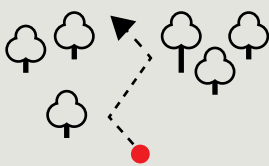
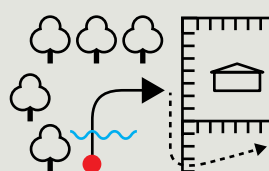
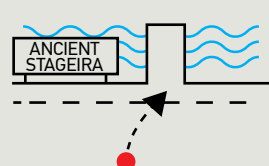
fallen tree

A special walk through the village of Olympiada and its picturesque port to the ancient city of Stageira.

There you will encounter the UNIQUE in terms of natural beauty and historical importance archaeological site, which invites you to walk through it, discover it and unravel the history of glorious Macedonia! Filled with images that capture the green and the blue forming exceptional colour combinations, continue your tour on the Aristotelian Mountain, fill your lungs with oxygen and rare scents of nature to end up again on the fish port and relax watching the big blue of the Aegean Sea!

See the steps:



	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS	
1 	0	550m		Starting the route In front of the Aristotle Park. There is a sign which leads to the Ottoman Bath. / N40-529-554, E23-746-421	7	3,5km	588m		At the end of the dirt road we arrive at Mandria. We follow the right path along the fence, for 15 minutes walk along a narrow path leading to a wider road where we follow for the next 2 km until we reach Kerasoudas place.
	150m			Sidirokafsias Archaeological site. Direction Left from the fence, we find a narrow path leading to the IM. Panagia Spileotissa	8	5,5km	750m		Kerasouda - Natural Leisure - Drinking water / N40-52-396, E23-46-075
	330m			In the cross section, we follow the right alley. We leave the Church on our left side. We walk in a narrow cement road.	9	6,2km			Left course on the forest road for 5 min. until Giannovo location. We are entering a downhill path on our right, which leads to Olympiada. Follow the Red signs! / N40-542-027, E23-776-513
	800m	557m		At the end of the cement road, we turn left into a narrow path that connects with a dirt road from Stagira. Left course toward Mandria.	10	12,2km			From the nest we see the Strimonik Gulf, the Olympiad, and the Ancient Stagira
	1,5km			We pass by Mandria and the last houses of Stratoniki. We follow Left course to the Chapel of St Paraskevi on a road that comes from our right.	11	13km			View point!
	2km	520m		After the chapel of Agia Paraskevi, we walk straight and we reach a view point. In the background is mt Athos, and the bay of Ierissos!	12	15km			The narrow path leads to the main road of hierissos-olympiad. end of route. End of the Trail.



5

The The Aristotelian Trekking Network

TOTAL DISTANCE
km 8

(from Olympiada to Varvara...)

SIGNAGE

standing point

route

highway

taps

tree

in memoriam

no going

house


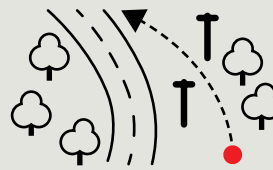
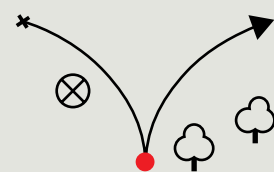

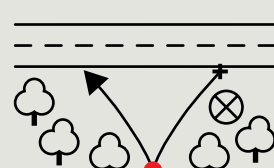

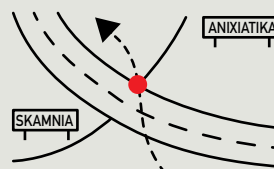


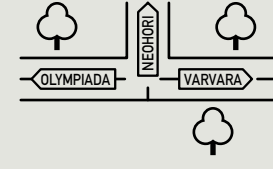

road sign

electricity pillar

A journey into the lush vegetation. The verdant Aristotelian Mountain embraces the earth and the sky, leading your steps into shady, brightly coloured paths. Breathe deeply, indulge in the scents of the soil, gaze at the sky, listen to the forest, feel the Greek light and let your body become one with nature... Just start and enjoy it!

See the steps:



	KLM	ALT.	DIRECTION	COMMENTS		KLM	ALT.	DIRECTION	COMMENTS
1	0	20m		The path starts 950 meters on the main road from Olympiada to Varvara Village. After the crossroad Stavros-Varvara-Olympiada-Ierissos / N40-592-735, E23-757-827	7	5km	455m		Take the right side of the path, which leads to the forest, next to electric pillars. Yellow signs.
2	500m	120m		Follow the Right sight of the dirt road, for the next 3 km. / N40-588-964, E23-748-742	8	5,8km	460m		Five taps place!! Drinking water! Follow the nerrow path on the right side of the taps. / N40-34-599, E23-43-209
3	3km	350m		Exit to the main road to Olympiada- Varvara. Turn left and follow the road for the next 350 meters. / N40-35-324, E23-44-031	9	6,2km	486m		Exit on the main road! After 50 meters follow the path for the next 1km. You are walking alongside with the main road. Follow the yellow signs. / N49-34-549, E23-43-116
4	3,35km	348m		Crossroad- across the road and make a left turn behind the signpost, and follow the yellow signs on the trees.	10	7km	589m		Exit on the big turn of the main road. Yellow signs. / N40-34-262, E23-42-272
5	4,1km	417M		Walk alongside with the main road on the left. Yellow signs. Across the road on the 4,1 km, walking on a path. / N40-35-064, E23-43-638	11	8km	600m		End of trail. Crossroad Neohori-Varvara- Olympiada. / N40-34-160, E23-42-361
6	4,3km	450m		Exit to the main road to Olympiada- Varvara. Across the road and follow the road on the Right side for 600 m. / N40-34-954, E23-43-599					



6

The The Aristotelian Trekking Network

TOTAL DISTANCE
km 14

(from Varvara to Stagira...)

SIGNAGE

standing point

route

highway

tree trunks

no going

parking

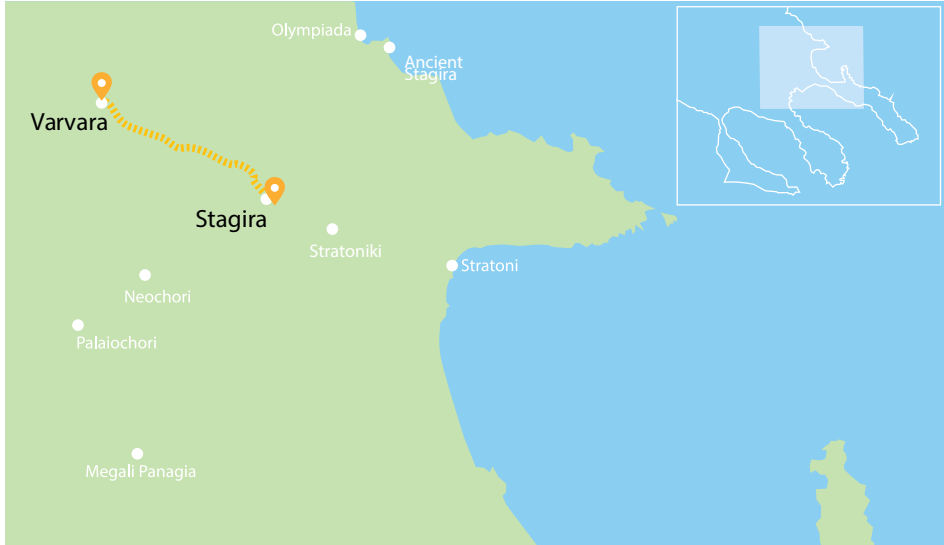
tree

road sign

attention

A journey into authenticity. A tour in the land of Aristotle, where green meets blue in an endless chase in wild nature, which creates the lush “Aristotelian vegetation”. Indulge in the scents of the fertile soil, the fruit trees, the colourful wild flowers, gaze at the mountain, follow the shady paths, breathe the pure air in the green clearings, and enjoy the unspoilt beauty. Immerse yourself in the experience!

See the steps:



	KLM	ALT.	DIRECTION	COMMENTS
1	0	590m		The trail starts from the village of Varvara. Follow the road from Varvara to Olympiada for 3 km. / N40-33-891, E23-41-597
2	3km	600m		Exit the road after 3 km on the right side. We enter an uphill path that passes through a beech forest. Red signs on the trees for the next 1 km
3	4km	739m		Follow the path on the main trail. Red signs on the trees. Straight ahead.
4	4,5km	740m		Exit to the main road Olympiada-Neohori. Left turn! Follow the road for the next 500 meters, till you find the first dirt road on the Right. / N40-33-642, E23-42-201
5	5km	720m		Turn right to Strebenikos -Aetorachi- follow the dirt road for the next 2 km through beech forest / N40-33-723, E23-42-451
6	7km	843m		We leave the dirt road from the right side, and we Follow the signpost which leads to Strebenikos! / N40-33-103, E23-42-824

	KLM	ALT.	DIRECTION	COMMENTS
7	8,5km	650m		End of the forest!!! The road meets a secondary forest road coming from our left. Make a right turn! / N40-32-266, E23-44-389
8	10km	600m		Caution maneuver!!! Left direction, follow the road. / N40-32-169, E23-44-515
9	10.6km	550m		Exit to the provincial road of Arnaia-Ierissos. Left turn, after 130 m arrival at Aristotle Park. End of route. / N40-31-773, E23-44-783



7

The The Aristotelian Trekking Network

TOTAL DISTANCE
km 3.5

(from Stagira to Stratoniki...)

SIGNAGE

standing point

sheep shed

route

tree

highwayb

parking

uildingw

road sign

atch tower

fence

church

turkish bat h

no going

view point

A journey through three verdant mountains. Opposite the Aristotelian Mountain to Mount Athos and the imposing massif of Cholomontas. A mental “pilgrimage” to the top of Mount Athos, a tribute to the monastic state, whose image unfolds in every step you take. The view is breathtaking as the mountains bow to each other. You are no longer mere hikers along the Aristotelian trails; you will become partakers of the myths the area is inextricably linked with...

Enjoy!

See the steps:



	KLM	ALT.	DIRECTION	COMMENTS
1	0.000	550m		Starting the route in front of the Aristotle Park. There is a sign which leads to the Ottoman Bath. / N40-529-554, E23-746-421
2	150m			Sidirokafsias Archaeological site. Direction Left from the fence, we find a narrow path leading to the I. M. Panagia Spileotissa
3	330m			In the cross section, we follow the right alley. We leave the Church on our left side. We walk in a narrow cement road.
4	800μ	557m		At the end of the cement road, we turn left into a narrow path that connects with a dirt road from Stagira. Left course, toward Mandria.
5	1,5KM			We pass by Mandria and the last houses of Stratoniki. We follow Left course to the Chapel of St Paraskevi on a road that comes from our right.

	KLM	ALT.	DIRECTION	COMMENTS
6	2km	588m		After the chapel of Agia Paraskevi, we walk straight and we reach a view point. In the background is mt Athos, and the bay of Ierissos! / N40-533-148, E23-768-799
7	3,5km			Return to stratoniki from the same dirt road. At the first junction we follow a left course, till we found the main road which comes from Ierissos and goes to Arnaia. End of route.



The Aristotelian Park

ARISTOTLE Brief biography

Aristotle was one of the greatest Greek philosophers, researchers and thinkers. He was born in the town of Stagira on the coast of the Chalkidiki peninsula, in 385 B.C. His father was Nikomachus, the physician of king Amyntas II of Macedonia and his mother was Phaistis .

When he was almost 20 years old he moved to Athens where he studied in Plato’s Academy.

He had proved to be so attentive and bright in his studies that Plato called him “the Mind”. He studied in the Academy for almost 20 years until Plato’s death.

In 348 B.C. Aristotle went to Mysia by the sovereign Hermias and wedded his sister Pythiada. After Hermias fall he moved to Mytilini where he stayed until he was invited by King Philip II of Macedonia, to take over the education of his thirteen year old son Alexander.

He stayed there for 8 years. During that time he initiated his apprenticeship to the masterpieces of the Hellenic Philosophy and Poetry, giving emphasis to Homer’s poetry and especially to Iliad, a copy of which had always been kept by Alexander. In the mean time he realized to initiate him in the philosophic values, especially ethics and politics which Alexander had applied later. During his reign Alexander had procured his tutor with all the necessary material for the study of physical sciences.

In 335 B.C. Aristotle returned to Athens, where he stayed for 12 years. During that time he founded “The Lyceum”, which was an educational and research establishment.

After the sudden death of Alexander the Great, anti-macedonian sentiment was created in Athens, due to which Aristotle faced charges of disrespect and had to leave for Chalkis, to his mother’s relatives, where he died in the same year (322 B.C.). Aristotle’s birth town, Stagira, honored him as a hero and established festivities called “Aristotelia”.



- | | | |
|------------------|------------------|----------------|
| 1. PRISM | 5. SOLAR CLOCK | 9. SPHERES |
| 2. OPTICAL DISCS | 6. PENDULUM | 10. REFLECTORS |
| 3. PENTAPHONE | 7. LENS | |
| 4. COMPASS | 8. WATER TURBINE | |



Description

Prism
When solar (white) light enters the prism, it refracts and each individual radiation suffers a different deviation, as its speed changes by the glass. When finally light comes out of the prism, the component radiation of white light becomes visible.
(Spectrum colours)

Optical Discs
When images pass with high speed in front of the human eye, they cannot be detected as separate (cinema).

Pentaphone
According to its specific gravity and mass, each material can produce a sound of individual frequency. These 5 pieces of granite sound according to the ancient scale of pentaphone.

Compass
Philosophy is not the heritage of a country only; it is universal and belongs to humanity. The Aristotelian philosophy reached the far ends of the world and it is the basis of the contemporary scientific thinking.

Solar clock
The horizontal solar clock shows the time at the geographical position we are at the moment. The difference with the official time is 1:25 during the summer and 0:25 during the winter. Between the curves, apart from the time, we can also read the month of the year we are now.

Pendulum
The energy of one of the systems that initiates the oscillation is transferred to the other due to conjunction. The effect is that the oscillation width is reducing into the first system, while it is increasing into the next.

Lens
An individual photon (quantity of energy through radiation) carries minor energy, when though, a greater quantity of them is gathered at a particular point, and the resulting energy concentration is extremely high.

Water turbine
The supplied energy by rotating the lever, creates a swirl in the liquid, same as the rotation of the wind, creates a tornado.

Inertia spheres
Impulse created from the shock of the spheres, is transported gradually from the first sphere to the last

Parabolic reflectors
Sound in form of a wave, is transported through the air and reflects on the surface of the parabolic reflector. During reflection, energy is collected to the centre of the reflector, from where it is reflected back to the source.

ARISTOTLE Treatises’ summary

Aristotle’s philosophy constitutes in the study of the tangible and the perceptible. His treatises may be grouped in several divisions:

Logic , later called as Organon
such as:
1 Categories
2 On Interpretation
3 Prior Analytics & Posterior Analytics
4 Topics
5 On Sophistical Refutations
Two works of applied science for language can also be included here:
6 Rhetoric and Rhetoric to Alexander
7 Poetics

Philosophical works such as:
1 Metaphysics
2 On the Soul
3 Physiognomic (authenticity generally rejected)
4 Nicomachean Ethics
5 Eudemain Ethics
6 Magna Moralia

Although their authenticity is rejected there are also 6 letters written by Aristotle. No doubt however for its authenticity, is the Hymn to Virtue dedicated to Hermias.

Politics and economics
1 Politics
2 Economics
Mathematics & Physics
1 Questiones machinae
2 On indivisible lines
3 Physics
4 Meteorologics
5 On the Heavens
6 Problems

Works on natural history
1 History of Animals (originally 50 books , 10 of which have only survived)
2 On the parts of Animals
3 On the Generation of Animals
4 On plants
5 On things heard
6 On marvelous things heard
7 On colours


8


The The Aristotelian Trekking Network


TOTAL DISTANCE
km 11.5


Stratoni peninsula


SIGNAGE



standing point



route



highwayb



uildingw



atch tower



church



no going



sheep shed



tree


parking


road sign


fence


turkish bat h


view point

Be lost in the deep green! Feel the wet soil and the Aristotelian light!
Get involved with the dense vegetation and overlook the blue scenery in the Aegean Sea. You will love the view, between the Aristotelian hills, the sandy coastal line, the aura of the Strymonikos Bay, the imposing Pangaio Mountain and the Delta of Strymonas River.
This is a viral route to the Aristoteles documentary entitled «Phisika», where the phenomena and the smell dominate.
Visit the mussels’ farms at the foot of the Aristotelian Mountain, collect mussels with the locals, and enjoy an original sea food lunch on the wooden pier, which is located in the sea!
Live it! It’s a life time experience, is your soul upliftment, it’s a uniqueness!



When you follow the steps of Aristotle, taste mussels in the famous mussels farms!

	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS
1	0	50m		The route starts from the white soil area’ Aspra Homata. Right march. Wonderful view!”	7	10,5km		left Path. exit to the White Soils. Right asphalt exit for Olympiada-White Soils.
2	1,1km			At the junction we choose the right dirt road. point view of Stratoniou. the road to the left leads to white soil area!				
3	3,6km			Follow the main dirt road.				
4	4,4km			Left left turn on the branch! In the background is Mount Athos.				
5	6,9km			branch exit. Left march to white soil! in the fork the road to the right leads to freedom! and on the left to Zepko.				
6	9,5km			left Path. exit to the White Soils. Right asphalt exit for Olympiada-White Soils.				



9

The Athonian Walk

TOTAL DISTANCE
7 km

(from Ouranoupolis to Akti Komitsa...)

SIGNAGE

standing point

route

highway

taps

tree

in memoriam

no going

house


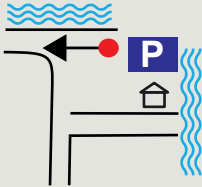

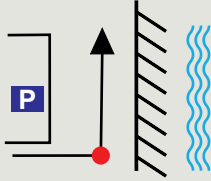
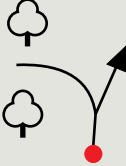
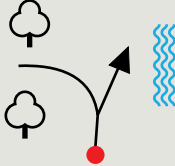
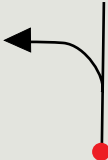
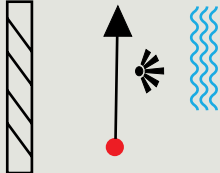
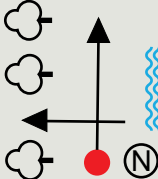
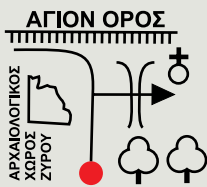
road sign

electricity pillar

Get a glimpse of the natural landscape of Mount Athos with the dense vegetation and a forest protected by the Natura 2000 European convention, on the route from Ouranoupolis to Komitsa Beach, following the pathway across the borders separating the Holy Community from the rest of Greece. Feel the calm of Mount Athos with all your senses and let your mind roam in its monasteries, only a few kilometers away! The route under the pine trees amid the forest scents is a source of life and rejuvenation - mental and physical - and a wander between the allowed and the prohibited, myth and reality.

See the steps:



	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS	
1 	0	2m		The route starts from Ouranoupolis Tower, walk for the next 400m to the right.	7	2km	2m		From I.M. Zygou to Komitsa we follow the steps from arhaiological site till the dirt road which leads to Komitsa-Ouranoupolis.
	0,4m	2m		We leave on our left the Aristotle Municipality Parking. Continue straight along the dirt road.	8	3,4km	20m		on the right is IM. HROMITSAS and Tsantalís Vineyards.
	0,5km	2m		At the junction of the road, follow the right path.	9	7,3km	30m		The route branches off !! Straight to the Beach-Refreshment -Beach bar. Left on the dirt road to Komitsa coast after 2km. End of flow.
4	0,9km	3m		At the end of the uphill view point. Opposite we see the island of Drenia, “The blue lake of Halkidiki”.					
5	1,4km	3m		Branches Routes-For IM ZYGOU straight course, for Komitsa left to “Bidding aqueduct”.					
6	1,9km	2m		Archaeological site of IM ZYGOU-Mount Athos Border! No Transit !! End of route.					



10

The Xerxes' Route

TOTAL DISTANCE
4 km

(from Nea Roda to Trypiti and
to “Megali Ammos” Ammouliani..)

SIGNAGE

standing point

route

highway

taps

tree

in memoriam

no going

house

road sign

electricity pillar


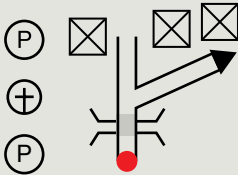
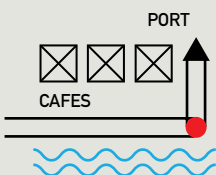
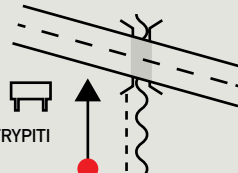
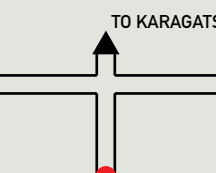
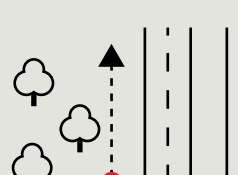
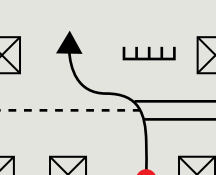
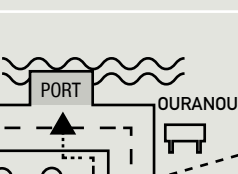
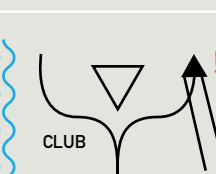
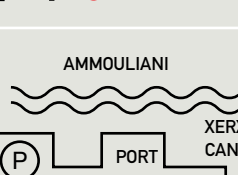
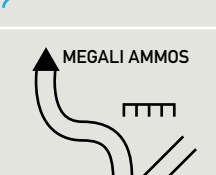
“..Following in the steps of Persian king Xerxes, who in antiquity crossed with his fleet through the narrowest piece of Athonian land, to conquer Greece, this route is today a point of reference between the East and the West, as the sole Persian footprint in Europe...”

From Nea Roda to the port of Tripiti (2km)- a point known as the "Crossing of Xerxes": here you will follow the footsteps of the Persian king, who in 482 B.C. took a shortcut for the crossing of his fleet against ancient Greece. As soon as you reach the buzzing port, take the Ferry to get to the island of Ammouliani in just 10 minutes. From there, following a magnificent route across the sandy beaches of the island, you will reach "Alikes" (2km) or "Megali Ammos" (3km), two of the most famous and photographed beaches of the region around Athos!

A travel in time, history and nature - a route between two sea bays, two ports and countless beaches!

See the steps:



	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS	
1 	0	-		Departure point Cemetery, N. Roda beach, at 100m, after the little bridge, right route	1	0	-		Departure from port
	0,35km	-		Route straight ahead having the bank of the canal on our right	2	0,1km	2m		Cross section We continue straight ahead Cross section We continue straight ahead
	1km	-		South East direction. We take the country road of Ierissos - Mount Athos for 1.5km.	3	0,4km	2m		We leave street to the right and continue towards the asphalt road.
	1,5km	-		We go straight and on the left, after 50m, we see the little port of Trypiti.	4	0,6km	5m		Three streets We leave the left part and take the route to the right.
5	1,8km	-		Port to the left [P] CANAL on the right at 100m, route in front of little tavern. Wall. Infokiosk, Port police	5	1,5km	15m		Left to Megali Ammos



11 The Akanthios Walk

TOTAL DISTANCE
10 km

(from Ierissos Fishing Yard to
Akti Xiropotami...)

SIGNAGE

standing point

route

highway

taps

tree

in memoriam

no going

house

road sign

electricity pillar

Walk through the traditional boatyards of Ierissos, where the locals are making seiners and fishing boats from pine wood, to the Ancient Site of Acanthos and to the hills of the «old village». You will gaze the Aegean and the Akanthios Bay, which is closed amongst Aristotle’s mountain and Mount Athos arms! A peaceful, natural scenery, so full of history like no other, leads the hiker through the ancients’ city history and then to «Mauro Aloni», a place of memory and bloody sacrifice.

Head towards «Xiropotami Coast», where the sea breeze and the view to the island of Ammouliani will reward your walk choice.

Wander through time and Greek history! Revitalize yourselves! Live every aspect of the local activity. Make this place a peripatetic landmark!



The Ierissos fishing yard, the begining of the Akanthios Walk

	KLM	ALT.	DIRECTION	COMMENTS
1	0	-		The route started off the trail leading to the hill to Ancient Acanthus, after school.
2	0,5km	-		Walk on the left, on our right we have the town of Hierissos
3	2,3km	-		Stay on the left road.
4	2,5km	-		Exit to the asphalt road . In frond of us is Xiropotami and the sea.
5	4,2km	-		Take the left road!
6	4,5km	-		The route ends on the beach. Recreation area.



12

The Olives’ Athonian cycling route

(from Pyrgadikia to Xiropotami...)

TOTAL DISTANCE
28 km

SIGNAGE

standing point

route

highway

taps

tree

in memoriam

no going

house

road sign

electricity pillar

Walk across the coastline ves and opposite the top of the holy Mount Athos.

Feel the fresh air of the sea in every step of the way, smell the olive trees and their fruits, gaze Mount Athos and Sithonia and lock eyes with the blue of Athos Gulf. Listen to the waves accompanying your stroll, and feel the salty water of the Mediterannean sea dampen your face. It’s a once in a lifetime experience that connects the land with the sea.

Follow it!



	KLM	ALT.	DIRECTION	COMMENTS	KLM	ALT.	DIRECTION	COMMENTS	
1	0	-		Our route starts from the port of the village of Pyrgadikia, and goes to the beach Kambos heading north	7	16,5km	-		Exit to the asphalt road. Right turn to Develiki!
	0,10km	-		crossroads following the main road.	8	21,5km	2m		Develiki beach! The sea is on our right.
3	2,7km	-		We follow the main road. The beach on our right is Kampos! There is a water bar, a shower.	9	22,8km	2m		Left turn after the narrow brigde!
4	4,3km	-		Following the left road.	10	25km	5m		Exit to the asphalt Gomati-lerissos. Right turn to the sea. Follow the old path next to the sea
5	5,7km	-		Take the left road, to Gomati -GOMATI Village.	11	28km	15m		Arrive at Xiropotami. End of cycling route
6	10,3km			Right turn, to Gomati					

Epilogue / President's Message



Three hundred (300) whole kilometres of coastline (the largest in Halkidiki), more than one hundred (100) beaches, seventeen (17) bleu flags eco labelled costs (the first Greek destination), numerous of bays, islands, crystal waters, golden plains, lush mountains, all sited wisely and in harmony!

The above mentioned landscape is surrounded by three (3) mountains, so Eastern Halkidiki is blessed with great natural beauty. It is also a destination with great history and four unique points that can only be found in this area. The «Holy Mountain», is the only alive religious monument in the world, where the avaton law is still applied. The area is also the birthplace of Aristotles, the greater philosopher of Greek history.

The Canal of Xerxes, where Xerxes the King of Persians cut a canal across the peninsula for his ships to pass to Europe.

The famous Mademohoria that during the Ottoman period of time exchanged their freedom for the minerals of their land with the Turks.

So, in this perfect destination we are waiting for you to come, to experience it, to walk, to follow the steps of famous Greek Men, to be part of its culture and daily life and enjoy all it has to offer. We want you to be the ambassadors of spreading the word.

Maria - Eleni Zamani

AXTADA

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Find also detailed information about our trekking program: <http://en.mountainathosarea.org/what-to-do/walking-gr/>



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